

## February 2012

### Dorset Recreation Centre Hours:

Monday to Wednesday 9am to 9pm  
Thursday 5pm to 9pm  
Friday 9am to 1pm  
Saturday 10am to 4pm  
The Centre will be closed on Monday, February 20, 2012 for Family Day. Have a safe and happy holiday!

### Membership / User Fees

\$100 Adult Annual - one year  
\$50 Youth / Senior (<18 or >55) - one year  
\$25 Adult 10 visit pass  
\$15 Youth / Senior 10 visit pass  
\$5 Adult one day pass  
\$2.50 Youth / Senior one day pass  
(20% discount on annuals if more than one member of a family joins at the same time.)

**Public Internet** Access: available at no charge to residents. Your tax bill or driver's license is suitable to prove residency. The cost is \$2.50 per half hour for non-residents. A Wireless connection is available.

**Book Sale:** paperbacks and hard covers - 50 cents each or 3 for \$1! Proceeds of the book sale go to library and recreation centre projects and programs.

**Folk Art Class** on Mondays with Linda Smith. A class for those who have done folk art or tole painting before although beginners are welcome to check it out. Mondays from 10am to 12pm (no class Feb.20/12). Fee to instructor.

**Employment Services** with the YMCA are being offered the 2<sup>nd</sup> & 4<sup>th</sup> Tuesday of the month from 9:30 a.m. to 12:30 p.m. For more information, contact YMCA Employment Service – Huntsville at 705-787-0512.

**Quilters Group:** a time for socializing and sharing skills. All types of needle workers welcome from knitters to quilters and more. Tuesdays starting at 9:30am, cost is \$1 per person.

**TOPS** (Take off pounds sensibly) meets on Tuesdays from 6:00 to 7:00pm. New members welcome. Cost is \$30 for the year plus \$5 weekly fee. Call Lori at 705-766-2745 for more information.

**Tai Chi Class:** Mind ~ Body ~ Spirit ~ Health & Wellness. Learn to relax & energize with Tai Chi, Chi Kung & Meditation on Tuesdays from 6:30 to 8pm (Sword Class from 6 to 6:30pm) Beginners Welcome! Pre-Registration is required. The class is taught by Valerie Houston Peel of Temple Knights Holistic Martial Arts. Call Valerie at 705-767-1177.

**“Winterfest” Yoga Session** is continuing for 4 more weeks!!!! For all levels beginner to advanced. Learn Yoga stretches, breathing techniques and meditation to rejuvenate and restore Wednesdays from 10:00 to 11:00am. Four week subsidized session from February 8 to 29. Registration is required. Subsidized cost is \$5 per class per person.

**Mid-Week Power Jam: African hand drumming:** Wednesdays 11:15am to noon. Explore your own sense of

rhythm and discover the joy of group music-making. We will use African Hand Drums and percussion, and also learn some structured rhythms. Participants will be given lots of opportunity for exploration in a *fun, non-judgmental environment*. No experience is necessary and all instruments are provided. You are welcome to bring your own drums/percussion and drop in is welcome. Cost is \$5 per class.

**Adult Volleyball** (high school age and up) on Thursday nights from 6:30 to 8:30 p.m. A fun drop in – all welcome – cost is \$1 per person or free with membership. No volleyball on Feb. 16 due to setting up for Snowball.

**Dorset Book Club** in the Dorset Library (located in the Recreation Centre), Wednesday, February 1 at 1pm. The theme for discussion is Love and Romance. All welcome!

**Snowball Meeting** on Mon. Feb. 6 @ 7pm – all welcome!

**Dorset Ladies Night:** The next Dorset Ladies Night at the Dorset Recreation Centre is on Tuesday, February 7 from 7:00 to 9:00 p.m. and the theme is “Pot Luck Appetizers and Everything Food”. Ladies are asked to bring an appetizer, fruit or veggies to share with a special request to exclude or meat and onions due to food restrictions and allergies. The evening will include games and prizes and if you would like to contribute to the Dorset Ladies Night Cookbook, bring a favourite appetizer recipe and a picture or story to go along with it. Call to register.

**Good Food Box:** buy a selection of quality fruits and vegetables for \$15 (minimum value \$20). To participate, \$15 is due Tuesday, February 7 for delivery on Thursday, February 16.

**Dorset Snowball Skating Party** (or Dance Party at the Rec weather depending) on Friday, February 17 starting at 6pm. KJ Chris will be providing a music and light show! Hot dogs and hot chocolate provided by the Dorset Recreation Committee. Donations appreciated.

**22nd Annual Dorset Snowball Winter Carnival** with indoor / outdoor family events, entertainment and activities all day on Saturday, February 18 starting at 8:00am with the Muskoka Shrine Club Hillbilly Pancake Breakfast. Check out [www.dorsetsnowball.com](http://www.dorsetsnowball.com) or pick up a brochure.

**Maple Syrup Operations and Opportunities** workshop on Monday, February 20 starting at 9:00 a.m. \$25 per person and includes a pancake and sausage lunch, speakers, hand outs, a field trip to the Emes Family Sugar Bush, coffee and snacks. To register, please contact Christopher Near (MNR Bracebridge) at 705-646-5524 or [christopher.near@ontario.ca](mailto:christopher.near@ontario.ca).

### Contact information

Phone 705-766-9968  
Email [drc@algonquinhighlands.ca](mailto:drc@algonquinhighlands.ca)  
Website [www.algonquinhighlands.ca](http://www.algonquinhighlands.ca)