

NEWS RELEASE

Annual Polar Plunge

Campbellford, ON - Our biggest winter event, The **Polar Plunge**, hosted by the Auxiliary, will be held this year on Saturday, January 30th. Lions Beach Park at NOON. Whether you Plunge, Pledge or Participate proceeds go to purchase equipment for the Campbellford Memorial Hospital. For more information, contact Pat at 705-653-4248. Stop by St. John's United Church on Bridge Street for their **Hot and Hearty Chili Lunch**, between 11:00 am. and 2:00 pm, or to check out the **Chocolate and Cheese** creations. Winning entries will be announced at 1:00 pm and the creations will be auctioned at 2:00 pm. For more information contact Rose 705-653-5767. Or, go check out the **Demolition Derby** at Campbellford Fairgrounds, Front Street, at 1:30 p.m. For information contact Nancy at 705-653-3769.